



## 2011-2012 Career Planning Guide

### Nursing Assistant Certified

**Shoreline Community College**  
**16101 Greenwood Avenue North**  
**Shoreline, Washington 98133**

Length of Program: One Quarter (11 weeks) – 17 credits  
Completion Award: Certificate of Completion  
Program Advisors: Michael Boehm [mboehm@shoreline.edu](mailto:mboehm@shoreline.edu)

#### **Approximate Quarterly Costs:**

Check quarterly class schedule for Tuition Table  
Books, supplies, etc: Varies per quarter, approximately \$800 (Financial Aid Available)  
Enrollment: FWSpSum

#### **PROGRAM DESCRIPTION**

The Nursing Assistant Certified program provides instruction in basic nursing care skills, including: CPR, HIV/AIDS, and clinical training in a long term care facility. Students learn the essentials of hands-on caregiving, the body systems, diseases and the care needs associated with each one. In addition, students attend 5 days of skill lab training to learn how to take vital signs, transferring and bathing patients, and performing range of motion exercises as needed for rehabilitation. Nutrition and planning of specialized diets is also included.

Students who successfully complete the Nursing Assistant Certified program are eligible to take the State of Washington Nursing Assistant examination for State certification. Students receiving their certification will be eligible to apply for employment in a long term care nursing facility, hospital, or community health agency.

Many students with limited English language or basic skills will enroll through a special I-BEST process.

#### **HOW TO APPLY FOR THE PROGRAM**

Interested students must complete an application and meet with a program advisor. Students must take the CASAS and/or Compass exam and participate in a mandatory orientation session. In order to be eligible for the program, students must meet the following requirements:

- Be 18 years of age or older
- Have a clear criminal background check or have minor offenses older than ten years
- Proof of up-to-date immunizations and TB test
- Completion of level 4 ESL or readiness to begin level 5 as indicated by the CASAS Test

**Financial Aid** is available for eligible students from a variety of sources. Most applicants will qualify for all or partial support. Program applicant will be assisted in the financial aid application process.

## Career Ladder Short Term Programs: Nursing Assistant Certified

### PROGRAM OUTCOMES

1. Nursing Assistant Certified Certificate after passing State Examination
2. Ability to work in various settings
3. Points obtained for getting into a Nursing Program at most Comm. Colleges
4. Potential employment within 30 days

### CAREER OPPORTUNITIES

Students are prepared to work after completing the program. Nursing Assistants typically find work in private homes, nursing homes, adult family homes, assisted living homes, hospitals, or rehabilitation clinics.

Students are prepared to work after completing the program. Nursing Assistants typically find work in private homes, nursing homes, adult family homes, assisted living homes, hospitals, or rehabilitation clinics.

The average starting salary in King County is \$10.95 per hour. The median wage in King County is approximately \$13.30 per hour. There are many employment opportunities for nursing assistants throughout the region. Some assistance in finding employment is provided.

### CERTIFICATE OF COMPLETION

- Nursing Assistant Certified (Upon successful completion of class and state exam)
- Seven (7) hours of HIV/AIDS and Blood-borne Pathogens
- First Aid, CPR for adult, child and infant, Asthma Inhaler Training,
- Epinephrine Auto-Injector
- Nurse Delegation
- Dementia for Caregivers
- Revised Fundamentals of Caregiving

### CURRICULUM

Course Number	Course Title	Hours	Credits
NAC 101	Nursing Assistant Theory and Practices	123	11
NAC 103	Nursing Assistant Skills Lab	44	2
NAC 104	Nursing Assistant Clinical Experience	88	4
	<b>Total Hours/Total Credits</b>	<b>255</b>	<b>17</b>

A separate three credit supplemental basic skills class is required for participants who enroll through the I-BEST process.